

St Austin's R.C. Primary School - P.E. Overview

St Austin's RC Primary School – Curriculum Overview – PE

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	<ul style="list-style-type: none"> Looking after myself (buttons/coats etc) 	<ul style="list-style-type: none"> Movements to music 	<ul style="list-style-type: none"> Moving Around 	<ul style="list-style-type: none"> Teamwork 	<ul style="list-style-type: none"> Sequences and patterns of movement to music 	<ul style="list-style-type: none"> Outdoor sports
R	<ul style="list-style-type: none"> Large/small apparatus 	<ul style="list-style-type: none"> Dance 	<ul style="list-style-type: none"> Coordination/ balance 	<ul style="list-style-type: none"> fine/gross motor skills 	<ul style="list-style-type: none"> Gymnastics/ agility 	<ul style="list-style-type: none"> Outdoor sports
1	<ul style="list-style-type: none"> Multi-skills – Focus on ball skills and point scoring games Saints Multi Skills Sessions 	<ul style="list-style-type: none"> Multi-skills – Focus on throwing and catching 	<ul style="list-style-type: none"> Multi-skills – Bat and ball skills – Aiming and striking 	<ul style="list-style-type: none"> Multi-skills – Developing partner work 	<ul style="list-style-type: none"> Multi-skills- Throwing and catching – aiming games 	<ul style="list-style-type: none"> Multi-skills – Bat and ball skills – aiming and striking
2	<ul style="list-style-type: none"> Multi-skills–Throwing and catching 	<ul style="list-style-type: none"> Multi-skills- Throwing, catching and aiming Saints Multi Skills Sessions 	<ul style="list-style-type: none"> Football- Dribbling, kicking and hitting Dance 	<ul style="list-style-type: none"> Gymnastics – SCG Multi-skills- Making up a game 	<ul style="list-style-type: none"> Athletics 	<ul style="list-style-type: none"> Multi-skills – Making up group games and inventing rules.
3	<ul style="list-style-type: none"> Invasion Games - Hockey 	<ul style="list-style-type: none"> Gymnastics – SCG Invasion Games – Tag Rugby 	<ul style="list-style-type: none"> Football Swimming 	<ul style="list-style-type: none"> Orienteering 	<ul style="list-style-type: none"> Dance – Capoeira Athletics 	<ul style="list-style-type: none"> Quidditch Cricket
4	<ul style="list-style-type: none"> Judo Swimming 	<ul style="list-style-type: none"> Gymnastics 	<ul style="list-style-type: none"> Invasion Games - Netball 	<ul style="list-style-type: none"> Orienteering 	<ul style="list-style-type: none"> Dance – Capoeira Athletics 	<ul style="list-style-type: none"> Quidditch Cricket
5	<ul style="list-style-type: none"> Invasion Games - Basketball 	<ul style="list-style-type: none"> Invasion Games – Tag Rugby Swimming 	<ul style="list-style-type: none"> Gymnastics 	<ul style="list-style-type: none"> Orienteering 	<ul style="list-style-type: none"> Archery Athletics 	<ul style="list-style-type: none"> Quidditch Cricket
6	<ul style="list-style-type: none"> Invasion Games; Football- Control and aiming 	<ul style="list-style-type: none"> Invasion Games; Football - Tactics, attacking and defending 	<ul style="list-style-type: none"> Fencing Gymnastics 	<ul style="list-style-type: none"> Orienteering Swimming 	<ul style="list-style-type: none"> Dance – Capoeira Batting and Fielding games; Rounders 	<ul style="list-style-type: none"> Quidditch Cricket