My Plan to Get to School

As you get older, you will be expected to get yourself out of bed and ready for school. This becomes important when you go to secondary school because you may need to get the school bus, a train, a local bus or walk. This will require you to plan how to get there and what time you need to leave home.

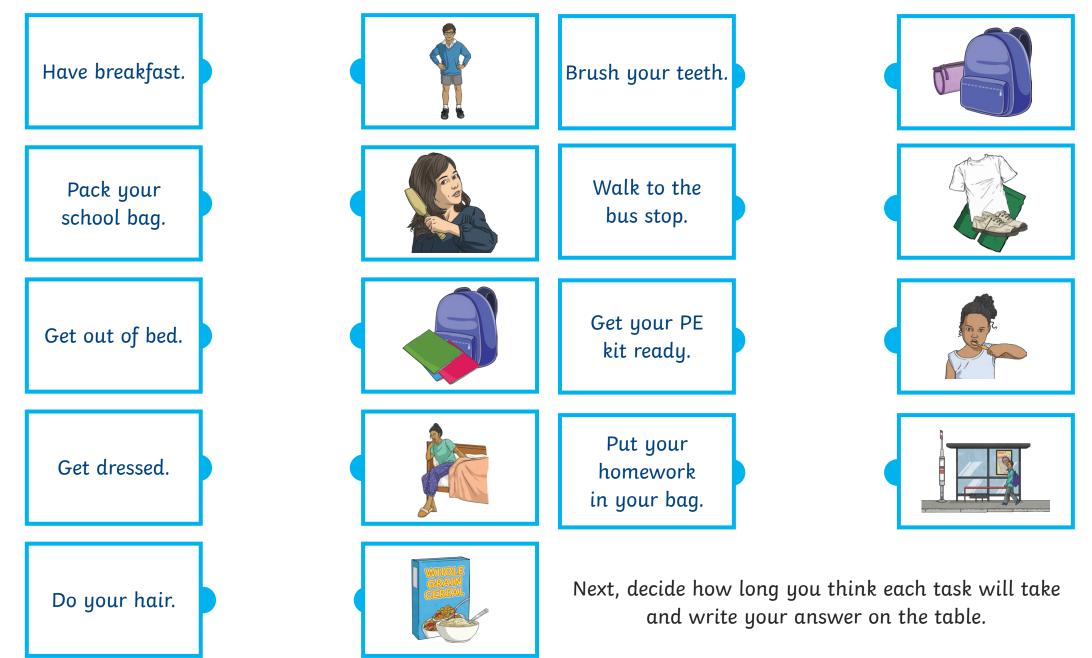
This activity will help you to think about all the things you need to do in the morning and the time it will take to make sure you are at school on time.

First, draw lines to show the order in which you need to do the tasks below.





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Task	Minutes
Get out of bed.	
Get dressed.	
Do your hair.	
Have breakfast.	
Brush your teeth.	
Put your homework in your bag.	
Get your PE kit ready.	
Pack your school bag.	
Walk to the bus stop.	

Now that you know how long each task will take, work out how long it will take you to get ready, e.g. if every task takes you ten minutes then you will need 1 hour 30 minutes to get ready to leave the house.

Use the information to fill in the time map below. Start at the time your bus arrives and work your way back through your morning tasks so you will know what time you need to set your alarm clock for.





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