

| Key Vocabulary |  |
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| friction | A force that acts between two surfaces or <br> objects that are moving, or trying to move, <br> across each other. |
| air <br> resistance | A type of friction caused by air pushing <br> against any moving object. |
| water <br> resistance | A type of friction caused by water pushing <br> against any moving object. |
| buoyancy | An object is buoyant if it floats. This is <br> because the weight of the object is equal to <br> the upthrust. |
| streamline <br> d | When an object is shaped to minimise the effects <br> of air or water resistance. |
| mechanis <br> $\mathbf{m}$ | Mechanisms are simple machines with <br> moving parts that change input forces and <br> movement into a set of useful output forces. <br> Examples of mechanisms are pulleys, gears <br> and levers. |
| upthrust | A force that pushes objects up, usually in <br> water. |

It does not create much water resistance so it can move through the water quickly.

## Key Knowledge

## Examples of forces in action:



Water resistance and air resistance are forms of friction. Friction is sometimes helpful and sometimes unhelpful. For example, air resistance is helpful as itstops the skydiver hitting the ground at high speed. Friction on a bike chain can make the bike harder to pedal so it is unhelpful.



Pulleys can be used to make a small force lift a heavier load. The more wheels in a pulley, the less force is needed to lift a weight.

